



# Kitsap Alliance FC

## POLICIES & PROCEDURES

### Player Code of Conduct – Updated 4/22/22

#### A. Purpose

The Player Code of Conduct informs the player of the expectations that each KAFC player adheres to in order to participate on one of our teams.

#### B. Policy Statement

The intent of this policy is to present the guidelines for the conduct and actions of KAFC players.

#### C. Implementing Procedures

- 1) Annually each player will review this policy, sign a copy, and return it to the team manager.
- 2) To represent KAFC, each player agrees to:
  - a) **Represent the club.** Be a representative that the club & team can be proud of. When at a club event, or if wearing club gear, please represent KAFC with dignity and pride. Be an ambassador. Think of how your actions may affect you or your team. Encourage your teammates, parents, and coaches to do the same.
  - b) **Be accountable.** Honor this agreement and your commitment.
    - i) Attend training, games, and events on time and with appropriate gear.
    - ii) Training gear: blue practice jersey, black shorts, black socks, shin guards, NO jewelry. In colder weather: outside requires warm weather gear (no pajama pants) , sweatpants, rain jackets, gloves, beanies, etc.
    - iii) To your best ability, understand the rules of soccer as well as league rules and regulations.
  - c) **Model good Sportsmanship.**

- i) Show **respect** to all players of both teams, their fans, AND referees
- ii) Play with humility and harmony with your teammates and coach.
- iii) Win and lose with dignity, grace, and kindness.
- iv) Withhold comments to officials before, during, and/or after games .
- v) Withhold critical remarks and relay your concerns to your coach.
- vi) Refrain from unsafe or unsportsmanlike play.
- vii) Refrain from swearing, name calling, and violence towards another person.
- viii) Listen to your coaches and accept their advice with respect.
- ix) Have a positive attitude toward myself, my teammates, other teams (including their coaches and parents), and my coaches.
- x) As a player for Kitsap Alliance it is understood that you will conduct yourself in a sportsmanlike manner at all times; before, during and after trainings, games, and tournaments.
- xi) Coaches will distribute playing time by taking into account the nature and importance of each match in order to maximize both player development and team development, while still giving the team a chance to win.
- xii) Follow the club character skills.

d) **Bullying.** Kitsap Alliance has zero tolerance for bullying and/or physical acts towards another person.

e) **Violations of the Policy.**

- i) Any violation of the code of conduct will first be dealt with by the coach, player, and the parents.
- ii) A second violation of a code of conduct will result in the player sitting out for that game/practice, the parents will be notified as well as the DOC
- iii) A third violation of a code of conduct will result in the player being suspended from the next game and further actions considered. The coaches, the DOC, and board members will be involved in this process.
- iv) Consecutive or egregious violations of the policy may result in permanent expulsion from the club.

3) **Acknowledgment.** By signing below, I understand and acknowledge that as a KAFC player, I am required to follow the KAFC Player Code of Conduct and that a violation of the code may subject me to disciplinary action by my coach, the Club, the Director of Coaching (DOC), and/or RCL.

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Parent Name (Print)

Parent Signature

Date

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Player Name (Print)

Player Signature

Date





# CHARACTER SKILLS PERFORMANCE QUALITIES

- ✓ **HARDWORKING** .....Paying the price with effort
- ✓ **COMPETITIVE** .....Striving to be your best
- ✓ **POSITIVE** .....Good and useful thinking
- ✓ **FOCUSED** .....Eliminating distractions
- ✓ **ACCOUNTABLE** .....Taking ownership of your actions
- ✓ **RESILIENT** .....Correcting your course when needed
- ✓ **CONFIDENT** .....Head high, proud
- ✓ **ENERGETIC** .....High tempo
- ✓ **DISCIPLINED** .....Self regulating
- ✓ **MOTIVATED** .....Having a strong purpose



# CHARACTER SKILLS MORAL QUALITIES

- ✓ **UNSELFISH** ..... Putting the team first
- ✓ **HONEST** ..... Telling the truth
- ✓ **RESPECTFUL** ..... Showing consideration
- ✓ **APPRECIATIVE** ..... Recognizing the good in others
- ✓ **HUMBLE** ..... Distributing credit
- ✓ **LOYAL** ..... Show allegiance
- ✓ **TRUSTWORTHY** ..... Reliable
- ✓ **ENCOURAGING** ..... Giving confidence and support
- ✓ **SOCIALLY AWARE** ..... Reading the room
- ✓ **CARING** ..... Empathy for other's feelings